



# Corpus Christi School Improvement Plan 2023-24



*Joyfully unique in Jesus' family, we learn to use our special gifts to love, serve and make the world a better place.*

## SUBJECT: PE

### *Subject Vision Statement*

#### **Vision / Intent:**

- Every child should have the opportunity to take part in physical activity on a regular basis and become more physically confident and competent. We hope that, through all the sporting opportunities and physical activity we offer, the children will potentially develop a love and passion for sport and continue this into their later lives.
- We aim to provide the children with at least 2 hours of engaging, structured and active PE lessons every week and to keep the children healthy and active every day with at least 30 minutes of physical activity within the school day and by educating them on a healthy, balanced diet and lifestyle.
- It is also essential that we create sporting leaders during the children's time at Corpus Christi. We aim to offer lots of children the opportunity to lead sporting activities, organise games and events and learn to lead by example. By emphasising leadership, we hope the children learn the importance of communication, organisation, team work, resilience, perseverance and respect for rules.
- **To accurately assess children across 4 Key areas: technical ability, health and fitness, social and emotional, decision making / knowledge and creativity**
- We also strive to give as many children as possible the opportunity to compete in a variety of competitions, during school time or by representing the school at local events. We hope that in doing so the children will develop greater confidence, team work and learn to win or lose with grace and sportsmanship.
- **To increase the confidence, knowledge and skills of all staff in teaching PE and sport and to focus on creating a sustainable PE curriculum.**

#### **Overall outcomes/ Impact:**

All children have 60 minutes of physical activity per day, 30 minutes of which is within school hours.

- To increase the profile of PE and sport across the school as a tool for whole-school improvement (including PSHE, Wellbeing, Outdoor Learning and Healthy Eating)
- *To enable teachers to accurately assess the technical ability, health and fitness, social and emotional, decision making / knowledge and creativity strands and then adapt their lessons accordingly to fit the needs of their class.*

#### **SIP objectives: A curriculum for our children:**

- ***To improve the teaching pedagogy of the broader curriculum***
- ***To have an end outcome in the non core subjects (performance)***
- ***To use our local facilities to enhance the experiences***
- ***To best meet the needs of our children and families***

At Corpus Christi, we are committed to ongoing and sustained improvement in school PE and sport. As a school that has always valued sport and PE and the place of competition and participation, we look to build on these foundations by promoting staff development in our own and other schools. **The Department for Education objectives for the funding are:**

1. To engage all pupils in regular physical activity -the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school.
2. To increase the profile of PE and sport across the school as a tool for whole-school improvement (including PSHE, Wellbeing, Outdoor Learning and Healthy Eating)
3. To increase the confidence, knowledge and skills of all staff in teaching PE and sport

4. To broaden the range of sports and activities offered to all pupils

5. To increase participation in competitive sport

Item / Project	Investment Made	Planned funding	Evidence	Impact of Investment	Sustainability / Next Steps
<b>PE Leader / Sports TA</b>					
<p><b>Employ PE teacher to lead and provide specialist coaching sessions for teachers and children across EYFS, KS1 and KS2 in a wide range of sports and lessons.</b></p> <p>Objective: 1, 2, 3 and 4</p>	<p>JC teaches Reception, Year 1, 2 and 4 PE weekly.</p> <p>Reports back weekly to teachers. (Feedback drop in sessions on Friday)</p> <p>PE interventions have been put in place.</p> <p>JC leads weekly inter house competitions.</p>		<p><b>Detailed planning for Year groups</b></p> <p><b>Data for year groups</b></p> <p><b>After School clubs provided</b></p> <p><b>Inter-house schedule provided for teachers</b></p>	<p>Progress is visible within all areas. Reception children are demonstrating really good fine and gross motor skills. Year 2, 4 and 1 have benefited from specialist teaching.</p> <p>A range of sports offered to children, which some have taken up outside of school. Levels of fitness has increased throughout the school.</p> <p>Higher percentage of active girls across KS1 &amp; 2.</p> <p>Higher percentage of SEN children taking part in sporting events.</p>	<p><b>To embed further coaching principles for all staff. JC to teach Years 5 and 6 from September 2024. This will also help prepare children for sporting competitions. To continue to implement Complete PE across all year groups.</b></p> <p>Objective: 1, 2, 3 and 4</p>
<p><b>PE Leader to be released in the week to work alongside class teachers throughout the school to enhance PE Planning, delivery and assessment across the school. Maintain coaching over a period of time so individuals can develop skills.</b></p> <p>Objective: 2, 3 and 4</p>	<p><b>JC working with reception teachers - potential investment in Complete PE.</b></p> <p><b>JC to visit different schools to see how Complete PE has had a significant effect within the school.</b></p>		<p><b>Planning adapted for Reception</b></p> <p><b>Differentiating tasks to ensure that each lesson meets the needs of all learners</b></p>	<p>Reception children to access a lesson suitable for their needs and understanding.</p> <p>PE lesson structure explained.</p> <p>PE Lead demonstrated how to reflect Gospel Virtues in PE lessons.</p>	<p><b>JC to have time to work with each year group from September 2024.</b></p> <p><b>To develop PE assessment, ready for Autumn term 2024.</b></p> <p>Objective: 2, 3 and 4</p>
<p><b>PE Leader and teaching staff to continue to teach, build on and improve high quality lesson plans using PE Medium Term Plans, Rising Stars Champions and other high quality resources (Chance2Shine cricket, AFCB other online resources which will require research)</b></p> <p>Objective: 3</p>	<p>Plans adapted to suit class needs.</p> <p>Chance2shine cricket coming into school for Year 4 and 5 (Autumn 1)</p> <p>Mindfulness stretching for Year 6 pupils (Spring 1)</p> <p>Year 3 and 6 AFCB coaching (Spring 2)</p>		<p><b>Lessons planned and adapted to suit class and individual needs.</b></p> <p><b>JC creates links with outside agencies for CPD.</b></p> <p><b>Purchased Complete PE</b></p>	<p>Children's understanding of key skills needed within a specific sport is visible when in a competitive element. Gospel virtues have been linked to all lessons.</p> <p>Year 3, 4, 5 and 6 children chosen to represent the School for a tennis tournament</p> <p>AFCB coaching links set up for 2023/2024 academic year.</p> <p>Teachers have personalised PE lessons that show good progression.</p> <p>Each year group can follow and know what they are teaching and when linking to their topics and enquiry questions.</p> <p>Complete PE purchased to support all teachers when delivering PE. JC has adapted the lesson to meet the teachers needs..</p> <p>Planning monitored by JC.</p>	<p><b>PE Leader and teaching staff to continue to teach, build on and improve high quality lesson plans using Complete PE and other high quality resources (Chance2Shine cricket, AFCB and other online resources which will require research). All teachers to ensure that Gospel Virtues are linked to lessons.</b></p> <p>Objective: 3</p>

<p><b>Hire Sports TA to continue to raise the profile of PE across the school. Sports TA to lead weekly inter house competitions with an awards system focus on Gospel virtues.</b> Objective: 1, 2, 4 and 5</p>	<p>GF supports Year 5 and 6 with break and lunchtimes.</p> <p>GF runs assembly clubs and supports JC with morning clubs. GF led weekly interhouse competitions. Supports JC with sporting competitions and also during lunchtime and break time.</p>	<p><b>£17,970</b></p>	<p><b>Break time zones set up by GF.</b></p>	<p>Sports TA has worked alongside teachers in the afternoons to support lessons.</p> <p>GF held intersport competitions on Friday afternoons from Summer term and delivered sessions on Friday mornings.</p>	<p><b>Hire Sports TA to continue to raise the profile of PE across the school. Sports TA to lead weekly inter house competitions with an awards system focus on Gospel virtues.</b> Objective: 1, 2, 4 and 5</p>
--	--	-----------------------	--	--	--

## Teaching & Learning

<p><b>All teachers to attend or have delivered some general PE CPD related to high quality PE sessions.</b> Objective: 3</p>	<p>Year 3 and 6 AFC Bournemouth Year 4 and 5 cricket coaching Mindfulness instructor</p>		<p><b>Mindfulness stretching, football and cricket planning on the system.</b></p>	<p>All CPD can be used and adapted for teachers to teach during Summer term. All sports have led to tournaments for the children to take part in.</p>	<p><b>All teachers to attend or have delivered some general PE CPD related to high quality PE sessions. From September 2024, teachers in Years 4, 5 and 6 will receive Fitness stretch CPD.</b> Objective: 3</p>
<p><b>PE Lead to develop a staff bank of resources to support teaching.</b> Objective: 2, 3</p>	<p>On going bank of resources being created</p>		<p><b>Fitness bingo Joe Wicks Would you rather Creative games</b></p>	<p>A range of activities for children to take part in within the classroom which still enable children to be active.</p>	<p><b>PE Lead and TA to continue to develop a staff bank of resources to support wet PE lessons.</b> Objective: 2 and 3</p>
<p><b>Improve children's Emotional and Mental wellbeing through a mixture of teacher led and specialist visitor led workshops.</b> Objective: 2, 3 and 4</p>	<p>YMCA to visit Corpus Christi during sports week</p>		<p><b>Running club Created club links</b></p>	<p>At the start of each PE lesson, JC talks about the importance of integrity, sportsmanship and respect.</p> <p>JC created the running club</p>	<p><b>Continue to improve children's Emotional and Mental wellbeing through a mixture of teacher led and specialist visitor workshops.</b> Objective: 2, 3 and 4</p>
<p><b>PE Leader to spend time researching 'best practice' within each year group by building a network of contacts in other schools across Bournemouth.</b> Objective: 4 and 5</p>	<p>Contacts created with ST Katherines, ST James and Stourfield Primary and Kingsleigh Primary School</p>		<p><b>Emails between local PE Leads and BSGO.</b></p>	<p>JC went to see St Stourfield provision for PE. JC adapted ideas to suit Corpus Christi's School ethos and fed back to JH and JW.</p> <p>Investment in Complete PE.</p> <p>JC communicates weekly with the BSGO.</p>	<p><b>PE Leader to spend time researching 'best practice' through creating and hosting inter-house competitions with other local schools.</b> Objective: 4&amp;5</p>
<p><b>Continue to implement active brain breaks within class and liaise with the School Council. Including Joe Wicks YouTube resources and other active learning opportunities.</b></p>	<p>Motivators Sports Leaders Daily Mille to be implemented on a Friday from September.</p>		<p><b>Motivators- 100% of children have made progress.</b></p>	<p>Sports TA runs a sensory circuit. GF and JC has worked with Years 2, 3, 4 and 5. To continue next academic year.</p> <p>Sports Leaders work with specific year groups at lunchtimes to keep children active. From September,</p>	<p><b>Continue to implement active brain breaks within class and liaise with the School Council. Including the daily mile and utilising sports leaders.</b></p>

<p>Children should be targeting 60 minutes per day, 30 of which is in school.</p> <p>Objective: 1, 2 and 3</p>				<p>sports leaders will meet weekly with the sports TA and film weekly brain breaks.</p>	<p>Children should be targeting 60 minutes per day, 30 of which is in school.</p> <p>Objective: 1, 2 and 3</p>
<p>Swimming lessons with BCS to continue for Year 4 and 5 - 10 sessions over 5 weeks - with swimming coaches assisting in swimming assessment which is then to be entered onto Insight Tracking. This is to be organised in September 2023</p>	<p>Year 4 and 5 to complete swimming lessons. 6 x 45 minute lessons</p>		<p>Data to come in July.</p>	<p>Year 4 and 5 Children to have 3 specialised swimming instructors who will teach the specific STA School Swimming Programme.</p>	<p>Swimming lessons with BCS to continue for Year 4 and 5 - 10 sessions over 5 weeks - with swimming coaches assisting in swimming assessment which is then to be entered onto Insight Tracking. This is to be organised in September 2023</p>
<p>Look into RNLI swim safe and water festivals and booster intervention sessions for those children who cannot swim 25 meters.</p>				<p>Enquired for this year but sessions were not available due to a COVID-19 backlog. On the waiting list for next academic year.</p>	<p>Look into RNLI swim safe and water festivals and booster intervention sessions for those children who cannot swim 25 metres.</p>
<p>To increase confidence in teaching PE across the curriculum (including assessment and inclusion) Planning overviews to show links to other topics in the curriculum (including assessment and inclusion) Link to enquiry question and school virtue.</p> <p>Objective: 1, 2, 3, 4 and 5</p>	<p>Year 2 addition</p>		<p>Year 2 addition activities.</p>	<p>JC introduces each virtue at the start of each term within PE lessons. Children are reminded of the terms virtue.</p>	<p>JC to meet with KMF to promote school virtues within PE lessons. Continue to increase confidence in teaching PE across the curriculum showing links to other topics.</p> <p>Objective: 1, 2, 3, 4 and 5</p>
<p>PE Leader to monitor PE planning in a central resource folder. Access to increased range of high quality resources- planning, CPD, websites, books etc</p> <p>Objective: 1, 2, 3, 4 and 5</p>	<p>JC checks PE planning and liaises with class teachers.</p>		<p>CPD for years 3, 4, 5 and 6.</p>	<p>JC invested in Complete PE. The planning is detailed and focuses on a specific skill. All teachers have a specific log in for Complete PE with a tailored curriculum map created by JC.</p>	<p>PE Leader to monitor PE planning in a central resource folder. Access to increased range of high quality resources- planning, CPD, websites, books etc</p> <p>Objective: 1, 2, 3, 4 and 5</p>
<p>Free cricket CPD is to continue next year however teachers are now to video or write records of sessions to be uploaded in the PE planning folder for future use.</p> <p>Use Chance for Shine resources to enhance PE lessons across the school.</p>	<p>Year 4 and 6 Cricket day (Autumn 1)</p> <p>JC has created links with Dorset cricket board.</p>		<p>Girls taster cricket session.</p>	<p>Increased participation within cricket. Corpus Christi has entered a summer tournament.</p>	<p>JC to keep in touch with Mel regarding cricket CPD for next academic year.</p> <p>Objective: 3 and 4</p>

Objective: 3 and 4					

## Participation in Physical Activity and Competitions

<p><b>PP, FSM and SEND children are planned for and lessons and clubs facilitate full engagement of all children</b></p> <p><b>To engage children who do not partake in regular physical activity</b></p> <p><b>Next steps: Parent/pupil questionnaire.</b> <i>Objective: 1, 2, 4 and 5</i></p>	<p>PP, FSM and SEND children to have priority when applying for after school clubs.</p>		<p><b>Participation increase.</b></p> <p><b>Target interventions for children who do not partake in physical activity.</b></p> <p><b>A range of after-school clubs provided for our children.</b></p>	<p>JC has ensured that these children are given the opportunity to participate in sporting competitions and after school clubs so that they are able to have positive experiences in sport and PE.</p> <p>71.8% of PP &amp; FSM children have taken part in a free school club. 74.3% of children from Year 3-6 had the opportunity to represent their school in a sporting event at least twice during this academic year (Children with SEND, PP, CIC and FSM)</p>	<p><b>Continue to promote physical education and engagement for PP, FSM and SEND children.</b></p> <p><b>Continue to run interventions for children who do not partake in regular physical activity.</b></p> <p><b>Create a parent questionnaire.</b></p> <p><b>Objective: 1, 2, 4 and 5</b></p>
<p><b>To hand out weekly Key Stage 1 and Key Stage 2 certificates for those children who stand out in PE. Half Termly Sports leaders Award.</b> <i>Objective: 1, 2, 4 and 5</i></p>	<p>JC created sports star certificates (Autumn 1)</p>		<p><b>Created certificate on the system.</b></p>	<p>The certificates have helped to increase PE participation and any behaviour. Certificates are linked to school virtues.</p> <p>JC focuses on termly virtues within PE lessons.</p>	<p><b>Continue to hand out weekly Key Stage 1 &amp; 2 certificates. To promote inter-house competitions through certificates and weekly results.</b></p> <p><b>Objective: 1, 2, 4 and 5</b></p>
<p><b>Promote active brain break during class.</b> <i>Objective: 1, 2, 4 and 5</i></p>	<p>PE intervention/motivators</p>		<p><b>All children who have taken part in motivators have made progress.</b></p>	<p>PE intervention created for children who struggle with key skills in PE lessons.</p>	<p><b>To work closely with Inclusion Lead and promote brain break activities for specific children. Create a bank of resources for whole class brain break ideas.</b></p> <p><b>Objective: 1, 2,4 and 5</b></p>
<p><b>Promote active playground (Sports TA to lead)</b> <i>Objective: 1, 2 and 4</i></p>	<p>GF runs tag rugby and football. GF to oversee a multi skills station during lunchtime</p>			<p>Children develop independence by choosing a sport and playing it within a structured setting</p>	<p><b>GF to create a rota with different sports each day for children to participate in.</b></p> <p><b>Objective: 1, 2 and 4</b></p>
<p><b>Liaise with School Council to identify new activities to be trialed on the playground.</b> <i>Objective: 1, 2 and 4</i></p>	<p>GF, JC and sports leaders are to meet with school council.</p>		<p><b>JC and GF meet with sports leaders weekly to discuss issues.</b></p>	<p>JC, GF and sports leaders are to meet once a term with the School Council.</p>	<p><b>New sports leaders are to work with current sports leaders to promote active break times and brain breaks.</b></p> <p><b>Objective: 1, 2 and 4</b></p>

<p><b>Improve quality of outside equipment provision in EYFS, KS1 and KS2 in all outside areas to encourage active play.</b> <i>Objective: 1, 2 and 4</i></p>	<p>Yearly and termly checks to ensure that equipment is safe for the children to use.</p>		<p><b>Inspection certificates from Sport Safe and copy of emails.</b></p>	<p>Sport Safe equipment checks- termly. New equipment purchased for KS1 children to increase active play.</p>	<p><b>Improve quality of outside equipment provision in EYFS, KS1 and KS2 in all outside areas to encourage active play.</b> <i>Objective: 1, 2 and 4</i></p>
<p><b>Increase Sports Leadership through school -To attend local sports competitions to work alongside and compete against other local schools.</b> <i>Objective: 1, 2, and 5</i></p>	<p>Entered a number of teams into different sporting events.</p>		<p><b>Match reports and certificates for all children. Came second in two netball competitions. One child came 3rd overall in Quad Kids.</b></p>	<p>Teams entered for: Year 6 football Year 5 football Year 5&amp;6 girls football Year 5&amp;6 netball Years 5 and 6 athletics (indoors) Year 4 Quad Kids Years 5&amp;6 Quad Kids Years 3-6 Tennis Years 5&amp;6 Can do Tennis Can do Table Cricket This girl can event Year 4 Tri- Golf Years 3&amp;4 multi sports</p> <p>JC to hold a KS1 multi-sports event during Summer 2.</p>	<p><b>Increase Sports Leadership through school -To attend local sports competitions to work alongside and compete against other local schools.</b> <i>Objective: 1, 2, and 5</i></p>
<p><b>Continue involvement in level 2 sports (against other schools) to inspire participation in physical activity.</b> <i>Objective:1, 2 and 4</i></p> <p><b>Work closely with local clubs and coaches to promote the opportunities in local areas. Publicise local clubs and events.</b> <i>Objective:1, 2 and 4</i></p>	<p>Work closely with Sarah Dunsford and enter Corpus Christi into the BSSA competitions</p> <p>Bournemouth rugby club - a few children have joined BRFC</p> <p>Contacted AFC Bournemouth- run football workshops during school</p> <p>Dorset cricket club - links for boys and girls clubs.</p>		<p><b>Local club information is displayed in our newsletter.</b></p> <p><b>JC has created links with local clubs</b></p>	<p>JC has created links with outside clubs in order to promote physical activity at Corpus Christi. GF has organised a trip for children to watch Bournemouth rugby club play in a competitive match.</p> <p>JC has arranged for a local fitness stretch instructor to come and teach Year 6 in January. AFCB ETC trial - a child has had the opportunity to have a trial at AFCB</p>	<p><b>Continue involvement in level 2 sports (against other schools) to inspire participation in physical activity.</b> <i>Objective:1, 2 and 4</i></p> <p><b>Work closely with local clubs and coaches to promote the opportunities in local areas. Publicise local clubs and events.</b> <i>Objective:1, 2 and 4</i></p>
<p><b>Taking part in the National Sports Week (July) to help inspire children to participate in a wider range of sports.</b> <i>Objective: 1, 2, 3, 4 and 5</i></p>	<p>Sports leaders to promote around School.</p>		<p><b>JC has entered Corpus Christi for Sports week.</b></p>	<p>JC has contacted YMCA in order for a tri sports event to occur on 10th July.</p> <p>JC and GF to run daily sessions for each year group during sports week.</p>	<p><b>Taking part in the National Sports Week (July) to help inspire children to participate in a wider range of sports.</b> <i>Objective: 1, 2, 3, 4 and 5</i></p>
<p><b>To provide additional swimming provision targeted to pupils not able to meet the swimming requirements of the national curriculum.</b> <i>Objective: 4</i></p>				<p>All children in Year 4 and 5 were able to attend the swimming lessons and also 19 children in Year 6 for the swimming booster sessions.</p>	<p><b>To provide additional swimming provision targeted to pupils not able to meet the swimming requirements of the national curriculum.</b> <i>Objective: 4</i></p>

## Resources

<p>To purchase equipment to encourage physical activity throughout the day, including before school, during lessons, at play and at lunch time and after school.</p> <p>Improved use of the <u>local area</u> to support the Curriculum and children's and Staff mental health and wellbeing- Beach (post C-19 restrictions) <i>Objective: 1, 2, and 4</i></p>		£692	Target games and balls purchased for Reception and Year 1 to increase participation at lunchtime. Equipment to be used within lessons.	<p>Equipment to be used to promote PE and activity throughout playtimes, PE lessons and after school clubs.</p> <p>New staff PE uniform has been purchased. All teachers to wear when delivering PE lessons and JC and GF to wear at all sporting events.</p>	<p>To purchase equipment to encourage physical activity throughout the day, including before school, during lessons, at play and at lunch time and after school.</p> <p><b>Objective: 1,2 and 4</b></p>
<p>Purchase equipment that will allow easier high quality access for all children when at the beach as part of the curriculum, supporting teaching in the delivery of a wide range of sports. <i>Objective: 1 and 2.</i></p>	New netballs purchased and tennis balls. Tennis balls can be used within a wide range of sports and easily transported to the beach.		Spikeball, rounders, volleyball and howlers taken to the beach for Year 6.	GF set up a carousel/circuit of activities for Year 6 after SATS. All children were active and engaged in the sporting activities set up. The use of the children doing different sports ensures that they are more engaged.	<p>Each year group has a sporting trip to the beach as part of the curriculum, supporting teaching in the delivery of a wide range of sports.</p> <p><b>Objective: 1 and 2</b></p>
<p>To purchase football goal posts, enriching provision for break times and after school clubs. <i>Objective:1, 2 and 4</i></p>				Goals have been purchased	<p>To purchase football goal posts, enriching provision for break times and after school clubs. <i>Objective:1, 2 and 4</i></p>
	<b>Sports Premium Funded</b>	£19,748.00			
	<b>Additional PE School Funding</b>	£ 3000			
	<b>Total Cost</b>	£19,748.00			

## Swimming Data:

### SWIMMING DATA 2023-24

**56.5%** of our Year 5 children can swim competently, confidently and proficiently over a distance of at least 25m.

**50.3%** of our Year 5 children can use a range of strokes effectively.

**62.7%** of our Year 5 children can perform safe, self-rescue in different water-based situations.