



Corpus Christi Catholic Primary School

Pupil Allergy Policy

*Joyfully, unique in Jesus' family we learn to use our special gifts
to love, serve and make the world a better place.*

Allergy Policy			
Approval		Chair	
		Board of Governors	
Chairperson	Joanna Hooper	Headteacher	Simon Lennon
Date of last review	New Policy	Date of review	June 2026
Date of next review	July 2028	Maintenance	FGB Committee

'I will restore you to health and heal your wounds declares the Lord' Jeremiah 30:17

This allergy policy is designed to align with the Children's Wellbeing and Schools Act 2026 and the associated statutory guidance for schools (Benedict's Law)

Statement of Intent

Corpus Christi Catholic Primary School is committed to providing a safe, inclusive environment for pupils with allergies and those at risk of anaphylaxis. The school will take reasonable steps to reduce exposure to allergens, support pupils' medical needs and respond quickly and effectively to allergic reactions.

Roles and Responsibilities

The Headteacher has overall responsibility for implementing this policy. The Senior Allergy Lead (Inclusion Lead) oversees allergy records, Individual Healthcare Plans (IHPs), medication, spare Adrenaline Auto-Injectors (AAIs), training and incident review.

All staff must be aware of pupils with allergies, know how to recognise allergic reactions and anaphylaxis, understand how to access emergency medication and follow the school's procedures. Parents/carers must provide up-to-date information about their child's allergies, medication and emergency contacts, and notify the school of any changes.

All teaching and support staff are responsible for:

- Promoting and maintaining allergy awareness among pupils
- Maintaining awareness of our allergy policy and procedures
- Being able to recognise the signs of severe allergic reactions and anaphylaxis
- Attending appropriate allergy training as required
- Being aware of specific pupils with allergies in their care
- Carefully considering the use of food or other potential allergens in lesson and activity planning
- Ensuring the wellbeing and inclusion of pupils with allergies

Parents/carers are responsible for:

- Being aware of our school's allergy policy
- Providing the school with up-to-date details of their child's medical needs, dietary requirements, and any history of allergies, reactions and anaphylaxis
- If required, providing their child with two in-date adrenaline auto-injectors and any other medication, including inhalers, antihistamine etc., and making sure these are replaced in a timely manner
- Carefully considering the food they provide to their child as packed lunches and snacks, and trying to limit the number of allergens included
- Following the school's guidance on food brought in to be shared
- Updating the school on any changes to their child's condition

Pupils with allergies are responsible for:

- Being aware of their allergens and the risks they pose
- Understanding how and when to use their adrenaline auto-injector
- If age-appropriate, carrying their adrenaline auto-injector on their person and only using it for its intended purpose

Prevention and Risk Management

The school promotes a whole-school approach to allergy awareness. Pupils and staff will be encouraged not to share food, drinks, utensils or medication, to wash hands regularly and to report symptoms or concerns immediately.

The school recognises that it cannot guarantee an allergen-free environment, but will take reasonable steps to reduce risk. This includes discouraging high-risk foods where needed, providing allergen guidance to families, ensuring catering staff are trained, making allergen information available and taking steps to reduce cross-contamination.

Risk assessments will be carried out for activities where allergen exposure may be possible, including food preparation, science, crafts, trips, clubs, animal handling and outdoor activities. Pupils with allergies will not be excluded unnecessarily from school activities; reasonable adjustments will be made to support safe inclusion.

Individual Healthcare Plans and Medication

Pupils with a diagnosed allergy will have an Individual Healthcare Plan (IHP), prepared with parents/carers and, where appropriate, medical professionals. This will include details of allergens, symptoms, medication and emergency procedures.

Pupils with prescribed allergy medication must have it available in school in line with their IHP. Medication must be in date, clearly labelled and accessible to staff. Pupils' own medication will be stored in an agreed, clearly identified location that is quickly accessible in an emergency, and will accompany pupils on trips and off-site activities.

The school will hold spare AAIs where permitted by law and guidance. Spare AAIs will be stored in clearly identified and accessible locations on site, including the First Aid Room (main building) and the Annexe first aid area. These locations will be communicated to all staff and reviewed regularly.

Register of pupils with (Adrenaline Auto-Injectors) AAIs

The school maintains a register of pupils who have been prescribed AAIs or where a doctor has provided a written plan recommending AAIs to be used in the event of anaphylaxis. The register includes:

- Known allergens and risk factors for anaphylaxis
- Whether a pupil has been prescribed AAI(s) (and if so, what type and dose)
- Where a pupil has been prescribed an AAI, whether parental consent has been given for use of the spare AAI, which may be different to the personal AAI prescribed for the pupil
- A photograph of each pupil to allow a visual check to be made (this will require parental consent)

Emergency Response

In the event of a suspected allergic reaction, staff will follow the school's Recognise, Respond, Record procedure.

Staff will:

- recognise the signs of allergic reaction and anaphylaxis
- follow the pupil's IHP where available;
- administer the pupil's own AAI immediately if required;
- use the school's spare AAI if appropriate and necessary;
- call 999 immediately in cases of suspected anaphylaxis;
- contact parents/carers and continue to monitor the pupil until medical help arrives.

All incidents, including near misses, will be recorded and reviewed by the Senior Allergy Lead.

Training and Review

All staff will receive annual allergy training, including recognising allergic reactions, administering an AAI, knowing where medication and spare AAI's are stored, and following emergency procedures. Additional training will be provided where needed.

If a pupil has an allergic reaction, the staff member will initiate the school's emergency response plan, following the pupil's allergy action plan

If an AAI needs to be administered, a member of staff will use the pupil's own AAI, or if it is not available, a school one

If the pupil has no allergy action plan, staff will follow the school's procedures on responding to allergy and, if needed, the school's normal emergency procedures

A school AAI device will be used instead of the pupil's own AAI device if:

- Medical authorisation and written parental consent have been provided, or
- The pupil's own prescribed AAI(s) are not immediately available (for example, because they are broken, out-of-date, have misfired or been wrongly administered)
- If a pupil needs to be taken to hospital, staff will stay with the pupil until the parent/carer arrives, or accompany the pupil to hospital by ambulance
- If the allergic reaction is mild (e.g. skin rash, itching or sneezing), the pupil will be monitored and the parents/carers informed

AAIs can only be used once. Once a AAI has been used, it will be disposed of in line with the manufacturer's instructions

Emergency anaphylaxis kit

The school holds an emergency anaphylaxis kit. This includes:

- Spare AAIs
- Instructions for the use of AAIs
- Instructions on storage
- Manufacturer's information
- A checklist of injectors, identified by batch number and expiry date with monthly checks recorded
- A note of arrangements for replacing injectors

- A list of pupils to whom the AAI can be administered
- A record of when AAls have been administered