

Autumn Term Menu

Week One

Week Two

Download at hotmealsonwheels.com

Week Three

Monday

Choose from either:

M Hot Dog

G * Potato Bites / Carrots

V Veggie Dog



Dessert:

JP Coronation Chicken Jacket

E Jammie Dodgers



Tuesday

Choose from either:

M Mexican Chicken

Rice / Sweetcorn

V Mexican Quorn

E

Dessert:

JP Baked Beans Jacket

Fruit/ Yog

M

Wednesday

Choose from either:

M Meatfree Bolognese

G * Pasta / Mixed Veg

G

V Cheese Sauce

G

Dessert:

JP Chickpea Ratatouille Jacket

Jelly

G

Thursday

Choose from either:

M Pork Sausages

G * Mash / Carrots

V Vegan Quorn Fillet

G

Dessert:

JP Cheese Jacket

M Fruit Loaf

G

Friday

Choose from either:

M Beef Lasagne

G **M** Garlic Bread / Peas

V Cheese & Tomato Pizza

G **M**

Dessert:

JP Baked Beans Jacket

Jam Donut

G

Monday

Choose from either:

M Pork Meatballs & Tomato Sauce

G * Pasta / Mixed Vegetables

G

V Veggie Balls & Tomato Sauce



G

Dessert:

JP Cheese Jacket

M

Fruit/ Yog

M

Tuesday

Choose from either:

M Roast Chicken

Wedges / Carrots

V Cheese Omelette

M

E

Dessert:

JP Spaghetti Hoops Jacket

G

Blueberry Muffin

G

M

E

Wednesday

Choose from either:

M Sausage Roll

G

* Saute Potatoes / Baked Beans

V Vegan Sausage Roll

G

Dessert:

JP Chickpea Ratatouille Jacket

G

Fruit/ Yog

M

Thursday

Choose from either:

M Chicken in Tomato Sauce

G

Pasta / Sweetcorn

G

V Herby Tomato Sauce

G

Dessert:

JP Tuna Sweetcorn & Mayo

E

Vanilla and Chocolate Mousse

M

Friday

Choose from either:

M Bubble Salmon

Potato Bites / Peas

V Frittata

M

E

Dessert:

JP Baked Beans Jacket

G

Jelly

G

Monday

Choose from either:

M Chicken Korma

M Rice / Mixed Vegetables

V Lentil Dahl



Dessert:

JP Spaghetti Hoops Jacket

G

Fruit/ Yog

M

Tuesday

Choose from either:

M Roast Ham

* Roast Potatoes / Peas

V Vegan Sausages

Dessert:

JP Tuna & Sweetcorn Jacket

E

Jammie Dodgers

G

Wednesday

Choose from either:

M Chicken Burrito

G

M Sweetcorn

V Veggie Burrito

G

M

Dessert:

JP Baked Beans Jacket

G

Jelly

G

Thursday

Choose from either:

M Pork Meatballs & Tomato Sauce

G

* Pasta / Carrots

G

V Veggie Balls & Tomato Sauce

G

Dessert:

JP Cheese Jacket

M

Fruit Loaf

G

Friday

Choose from either:

M Fish Fingers

G

Wedges / Peas

V Vegetable Lasagne

G

M

Dessert:

JP Baked Beans Jacket

G

Blueberry Muffin

G

M

E

September

Mon	Tue	Wed	Thu	Fri	Sat	Sun
31	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	1	2	3	4

October

Mon	Tue	Wed	Thu	Fri	Sat	Sun
28	29	30	1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	1

November

Mon	Tue	Wed	Thu	Fri	Sat	Sun
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	1	2	3	4	5	6

December

Mon	Tue	Wed	Thu	Fri	Sat	Sun
30	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31	1	2	3

M

Main

V

Vegetarian

JP

Jacket Potato / Alternative

G

Contains Gluten

M

Contains Milk



Vegan

E

Contains Eggs



Contains Pork



Allergies and Free-From Meals

On our menu, after each dish there may be letters, either **M**, **G** or **E**. These refer to allergies that affect some children.

- G** Contains Gluten
- M** Contains Milk
- E** Contains Eggs
- Vegan**
- * Contains Pork**

We have made sure that every day we have at least one option which is Dairy Free, one which is Gluten Free and one that is Egg Free. **All our meals are Nut Free.**

If your child has any of these special dietary requirements, please be sure to tick the box for the meal that suits your child each day.

Our seasonal menu is written using the School Food Plan guidelines and includes a variety of different protein sources, oily fish, two 50% fruit-based desserts a week and a meat-free day.

Flip this page over to check out our delicious menu for the term!



CENSUS DAY!

1st October 2026



CHOOSE FROM

Chicken Nuggets **G**

Vegan Nuggets  **G**

Cheese **M**

SERVED WITH

Potato Bites

Peas

DESSERT

Party Rings

 **G**

Important! We only declare milk, egg, and gluten on the menus where they are present as an ingredient. For full ingredient and allergen information, please get in touch with us.