

Corpus Christi Catholic Primary School

Headteacher: Simon Lennon – BEng, PGCE, MA

Joyfully, unique in Jesus' family, we learn to use our special gifts to love, serve and make the world a better place.



Wednesday 1st October 2025

Dear Parents and Carers,

World Mental Health Day - Friday 10th October 2025

Our school will be taking part in **Hello Yellow on Friday 10th October (World Mental Health Day)** to raise awareness and funds for YoungMinds, the UK's leading charity for young people's mental health.

No young person should feel alone with their mental health and that's why Hello Yellow matters. We are taking this opportunity as a school community to come together and show our students that we are with them and they are never alone with their mental health. At Corpus Christi, we will be taking part by **wearing one yellow item with their school uniform e.g. yellow socks or a yellow hairband.**

Most importantly, we want to share the resources which **YoungMinds** offer to support parents and carers if you ever need help and advice to support your children. This includes:

- online resources (www.youngminds.org.uk/parent/)
- a phone line, open 9.30am-4pm (0808 802 5544)
- an online chat for parents and carers to speak to trained professionals if you're concerned about your children's mental health (www.youngminds.org.uk/parents-helpline/)

We look forward to celebrating **Hello Yellow** as a school to support World Mental Health Day.

Thank you for your continued support.

Mrs A Richards

PSHE Lead



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