

Corpus Christi Catholic Primary School
RSHE Long Term Overview

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Yr 1	What is the same and different about us?	Who is special to us?	What helps us stay healthy?	What can we do with money?	Who helps to keep us safe?	How can we look after each other and the world?
Yr 2	What makes a good friend?	What is bullying?	What jobs do people do?	What helps us to stay safe?	What helps us grow and stay healthy?	How do we recognise our feelings?
Yr 3	How can we be a good friend?	What keeps us safe?	What are families like?	What makes a community?	Why should we eat well and look after our teeth? First Aid Emergency call Head injuries	Why should we keep active and sleep well? First Aid: Bites and Stings
Yr 4	What strengths, skills and interests do we have?	How do we treat each other with respect?	How can we manage our feelings?	How can our choices make a difference to others and the environment?	How can we manage risk in different places?	How can we help in an accident or emergency? First Aid: Emergency Call Head injuries Asthma
Yr 5	What makes up a person's identity?	What decisions can people make with money?	How can friends communicate safely?	How can drugs common to everyday life affect health?	What jobs would we like? First Aid: Emergency Call Head injuries	How will we grow and change? First Aid: Bleeding
Yr 6	How can we keep healthy as we grow?		How can the media influence people?		What will change as we become more independent? How do friendships change as we grow? First Aid : Emergency Call/Head injuries Choking	