

PE Curriculum Overview 2023-2024

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS (hall)	Walking 1	Jumping 1	Gymnastics (High, Low, Over and Under)	(Dance) Dinosaurs	Games for understanding	Sports day Practice
EYFS	Ball Skills (Hands 1)	Dance (Ourselves)	Ball Skills (Feet 1)	Rackets, Bats, Balls and Balloons	Ball Skills (Hands 2)	Sports Day Practice
Year One	Health and Wellbeing	Team building	Ball Skills (Feet 1)	Hands 1	Games for understanding	Sports day practice/ Running 1
Year One (hall)	Heroes (Dance)	Gymnastics (Body Parts)	Gymnastics (Wide, Narrow, Curled)	Growing	Hands 2	Jumping 1
Year Two	Health and Wellbeing	Hands 1	Ball Skills (Feet 1)	Games for understanding	Hands 2	Sports day practice/ Jumping 1
Year Two (hall)	Explorers	Gymnastics (Linking)	Team Building	Pathways	Water (Dance)	Dodging (Locomotion))
Year Three	Hockey	Running	Football	Tag Rugby	Cricket	Rounders (Week 5 and 6) Athletics
Year Three (hall)	Problem Solving	Dance (Weather)	Dodgeball	AFC Bournemouth	Symmetry and Asymmetry	Sports Day Practice
Year Four	Cricket (Chance 2 Shine)	Running	Tag Rugby	Hockey	Tennis	Rounders (Week 5 and 6) Athletics
Year Four (hall)	Dodgeball	Handball	Handball (revisited)	World War II (Dance)	Swimming	Sports Day Practice
Year Five	Cricket (Chance 2 Shine)	Netball	Health Related Exercise	Tag Rugby	Tennis	Rounders (Week 5 and 6) Athletics
Year Five (hall)	Gymnastics	Dodgeball	Swimming	Swimming*	Dance (Street Art)	Sports Day Practice
Year Six	Hockey	Netball	AFC Bournemouth (first 2 weeks) Tag Rugby	Football	Cricket	Rounders (Week 5 and 6) Athletics
Year Six (Hall)	Gymnastics	Badminton	Mindfulness Stretching	Dodgeball	Dance (Carnival)	Swimming Booster lessons Sports Day Practice

Swimming Year 5: Spring 1 & 2* Year 4: Summer 1 (Summer 1) Year 6: Booster lessons (Summer 2)

Outdoor and Adventurous Year 6 = Hooke Court (Autumn 1) Year 5 = Rockley - Kayak, climbing, archery, raft building and paddleboarding TBC