

Corpus Christi Catholic Primary School

Headteacher: Simon Lennon – BEng, PGCE, MA

Joyfully, unique in Jesus' family, we learn to use our special gifts to love, serve and make the world a better place.



Thursday 12th September 2024

Dear Parents/Carers,

This academic year, Corpus Christi is introducing the Zones of Regulation to all classes. This is a program which helps children to recognise their feelings and help themselves to manage their behaviour.

To go alongside the work the pupils will be engaging with in school, we are offering a free, parent workshop on Tuesday 1st October at 9am in the school hall. The workshop will include information on the program and how you can use the Zones at home to support your child and their behaviour at home.

If you would like more information about the Zones of Regulation, please visit

<https://zonesofregulation.com/>

If you have any questions about the workshop, please do not hesitate to contact the school office.

Yours sincerely,

Amy Stewart
Inclusion Leader



www.activeplaytherapies.com

